

Wednesday, February 7, 2024

Good Morning Ketcham Nation!

Today is Day 5

Today's Motivation: "Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it." Michael Jordan played 15 seasons in the NBA, winning 6 NBA championships with the Chicago Bulls and two Olympic gold medals. The billionaire businessman is a global cultural icon.

We continue to celebrate National School Counseling Week. On Monday, we shared with you that we use standards to plan a school counseling program for our school. We want to tell you about one particular standard that is very important to all of us; to collaborate with families, teachers, principals and other school staff to help you be successful. We know that you have many influences in your life, including your families and other adults here at the school. We all want to work together to support you. We take that responsibility very seriously. We want to ensure every student feels supported as an individual and as part of the bigger school community #KetchamNation. Do you feel supported by the adults in your life? Do you have ideas for how we could work with your families to help you have positive feelings about school? Come talk with us! You know where to find us, in the Counseling Suite, Room 217. Have a wonderful Wednesday everyone.

CHEER

Congratulations to the Varsity Cheer team for coming in 1st place this past Saturday at Monroe Woodbury High School. First 1st place of the season. Next the team will be hosting the Coach Jules Memorial Competition on February 17th here at RCK. Way to go!!

BINGO NIGHT

Student Council is once again presenting Bingo for Prizes! Please join us on February 15 in the RCK Cafeteria. Doors open at 5pm and calling starts at 6pm. Lots of chances to win great prizes. Snow date is Feb. 16.

FBLA

FBLA will meet on Wednesday, February 7 after school in B1. This is an important meeting as we will finalize state events and rooms.

Contact Mr. Remick if you need more information.

INHS

National Italian Honor Society will be meeting on Wednesday 2/7. Please make every effort to attend, as we will be discussing and planning for the upcoming induction ceremony followed by the Buon Appetito cooking competition. Reach out to Signor Parlapiano with any questions!

GREENWORKS

RCK Greenworks will meet after school on Wednesday 2/7 in room 295! We will be studying for the Envirothon, a competition that tests you on topics about the environment. All are welcome!

MILITARY VISITS

Military representatives are tabling in the cafeteria during each lunch period on the dates listed below. Please stop by their table if you would like to learn more about what they have to offer.

- Wednesday, February 7: US Marines
- Thursday, February 8: US Army
- Wednesday, February 14: US Navy
- Wednesday, February 28: US Army National Guard

FRENCH HONOR SOCIETY

The French Honor Society will be having a meeting on 2/14 after school in room 343 to discuss upcoming events, all members are encouraged to attend!

YEARBOOK

YEARBOOKS ARE ALMOST SOLD OUT. There are fewer than 35 available for purchase. Order yours now at <https://buytheyearbook.pictavo.com/login> School Code 715765

DRESS DOWN FOR SPARROW'S NEST

Join Ketcham in support of Sparrow's Nest, a charity that provides meals for families battling cancer, by participating in the WCSD Sparrow's Nest Dress Down Day on March 15th. Order your gear by February 14th. <https://docs.google.com/forms/d/e/1FAIpQLSc32dhztKNw8cE5p5icBA-EkiA0Jq8YBGVS31R4eAbe1fN6vQ/viewform>

DCC INSTANT DECISION DAY

Dutchess Community College will be visiting on Monday, February 12th from 9:20-11:40 am (periods 3, 4, & 5) in the computer lab for Instant Decision Day. Stop by to work through your application with an admissions representative and be given an instant decision on your acceptance. Pre-registration for the event is available through SCOIR.

FLAG FOOTBALL

WCSD Girls Flag Football League - Interest meeting for Players and Parents/Guardians is Tuesday, February 13th at 6pm at John Jay HS (LGI Room 128). League play begins Spring 2025.

SENIOR TRIBUTE ADS

DEADLINE TO PURCHASE A SENIOR TRIBUTE PAGE IS GETTING CLOSE.

Celebrate your Senior with a tribute ad in the yearbook. The deadline to order is 2/23. ORDER HERE <https://www.tributeads.com/-->

COLLEGE FAIR

The inaugural Southern Dutchess College Fair will take place on Wednesday, March 6th from 6 pm - 8 pm in the Beacon High School gymnasium. Please see flier for more information! https://drive.google.com/file/d/1lddTE-qR1tgdllX37_KroSsFITyRhvP9/view?usp=sharing

SCHOLARSHIPS

The Community Foundation Scholarship Program application portal is currently open. Students can register and apply for several local scholarships by submitting one application. Follow the link for more details or see your counselor. <https://communityfoundationshv.org/scholarships/>

Scholarship information is consistently updated on the Senior Google Classroom and on the scholarship link on the School Counseling webpage:

https://docs.google.com/spreadsheets/d/e/2PACX-1vSQI9lpLdXiG-2l5hjP5FpW-tJ_sMFJH5yqUo8y4r5LVW90Xzey5VnacRgcDd98BFmkceCyCKbo00Rh/pubhtml

Community Foundation Scholarship Workshops:

Monthly virtual scholarship workshops are offered monthly via Zoom. Attendees are led through the online scholarship process and questions are answered throughout the workshop. This event is open to high school students and/or their parent/guardians, undergraduate college students, high school teachers, guidance counselors, and any high school staff or administration. Registration is required <https://communityfoundationshv.org/scholarships/> and click on any of the dates below to register. The Workshop Zoom link will be emailed to all registrants on the morning of each session.

Tuesday, March 5, @ 6:00 pm

Wednesday, April 3 @ 6:00 pm

RCK ATHLETICS

Good luck to the Ketcham teams competing today! JV Boys Basketball vs John Jay, Freshman Boys Basketball at Spring Valley, Varsity Boys Basketball vs John Jay. Let's go RCK!

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp